NATIONAL *epilepsy* AWARENESS MONTH

EPILEPSY FOUNDATION
EASTERN PENNSYLVANIA

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NOVEMBER IS NATIONAL EPILEPSY AWARENESS MONTH
A LETTER FROM AN ADVOCATE

Dear Friend,

Did you know, **1 IN 26 PEOPLE WILL BE DIAGNOSED WITH EPILEPSY AT SOME POINT IN THEIR LIFETIME AND AN ESTIMATED 3.4 MILLION PEOPLE IN THE US ARE LIVING WITH EPILEPSY?** Despite these staggering numbers, epilepsy remains a disorder that is largely misunderstood by the general public, discriminated against, and underfunded in research initiatives.

Anyone can develop epilepsy at any point. Everyone should know about the prevalence, impact, and what to do if someone is having a seizure.

LET'S MAKE A PROMISE THIS NOVEMBER FOR NATIONAL EPILEPSY AWARENESS MONTH. Let's utilize November as our chance to teach others what a seizure is and is not. Let's use our social media channels as a platform to talk about epilepsy. Let's turn our hometowns purple with ribbons and lights. Let's plan events to gather our family and friends together to inform, educate, and fundraise. Let's imagine a society free of stigma, fear, isolation, discrimination and seizures. A community that's safe, supportive and accommodating of those living with epilepsy.

TOGETHER, WE CAN MAKE A SEIZURE-SMART COMMUNITY A REALITY.
LET'S WORK TOGETHER TO CREATE IT.

During November, the Epilepsy Foundation Eastern Pennsylvania (EFEPA) will be spreading awareness throughout eastern PA with community events, local partnerships, social media campaigns, and lighting and decorating the towns and cities of their 18 service-counties purple. **BUT THEY CAN'T DO IT ALONE.**

You can play a critical role by being an advocate! **PLEASE JOIN MY EFFORTS IN TAKING ACTION IN OUR COMMUNITY.** By working together, we can ensure our voice is clear and united in creating awareness, education, and change for our epilepsy community.

Sincerely,

P.S. Want more information on how to get involved this Epilepsy Awareness Month?
Visit **www.efepaNovember.org**, contact us at **development@efepa.org**, or call **215-629-5003**